

## WORKING SESSION

continued from page 8

consideration at the March 18, 2024 meeting.

**VIII. OAKS POOL UPDATE:** Trustee Shapiro mentioned that he would like to look at demographic data to determine whether the Oaks neighborhood would benefit from a specific design of the pool. For example, if there was a significant number of older/ younger residents routinely visiting a certain pool(s), then that pool could be tailored towards a specific usage.

Colette Sheldon (Ponds resident) indicated that she felt that tailoring the pools towards a specific demographic could be difficult because the demographics of the neighborhood are always changing, i.e., kids growing older may not use a pool for the same reasons as they did when they were younger, etc.

**IX. COMMUNITY CENTER USER GUIDELINES UPDATE:** Ms. Winslow reported that the staff is working on the revised guidelines and plans to have a draft version to the Board in April.

**X. STORMWATER POND 11-B TREE REMOVAL ISSUE:** Mr. Gloyd stated that he had reached out to Supervisor Walkinshaw's office to discuss the county's plans for the tree removal at the stormwater pond 11-B. The county is hiring a geotechnical engineer to analyze the impact of the trees on the north side of the dam to see if indeed those trees need to be removed. The County does not anticipate hearing back or having a final decision from the state until next year.

On the south side of the dam, there are several trees within a county easement which the state has said absolutely must go. Additionally, the County pointed out another small section across the pathway towards Marshall Pond that had four or five large dead trees as well as several smaller understory trees which the county offered to remove while performing the other tree work. Mr. Gloyd examined the trees himself and verified that they were dead and should come out. Mr. Gloyd agreed to the County's offer on the south side and work should begin in around a month.

A decision will be put off for the North side while the County works with their consultant to gather the information they need to present their case to the State. The County reiterated that they would contact the affected homeowners if it looked like the trees on the North side of the dam were going to have to be removed.

**XI. LANDINGS PICKLEBALL CONVERSION PROJECT UPDATE:** The Pickleball Association voted to disapprove the lighting recommendations made by Bishop's Tennis feeling that the recommendation did not meet their needs. The Pickleball Association will be meeting on sight with electric contractors to discuss lighting needs. Additionally, Mr. Gloyd explained that the County may require a site plan review for the PRC for the lighting changes/

**XII. TREE SURVEY PROGRESS:** The BOT expressed that this topic was sufficiently discussed

during the Executive Director's report. No further discussion ensued.

**XIII. FEBRUARY MEETING AGENDA:** An update regarding the Wilmington Drive traffic-calming measures and an ARB application for a Wood Mouse Cluster sign were both added to the agenda.

**XIV. EXECUTIVE SESSION:** President Flaster motioned to adjourn at 8:55 PM into Executive Session for the purpose of discussing a contract issue. Hearing no objections, the motion passed unanimously. The meeting reconvened at 9:23 PM.

**XV. ADJOURNMENT:** Hearing no objections, the meeting adjourned at 9:23 PM.

### Save the Date! Spring Wine & Beer Garden

April 26, 2024 \*Rain Date: April 27, 2024

- April 26 (tentative)/rain date: 4/27. Held outside on the Conservancy Office Grounds at 6060 Burke Centre Pkwy
- Featuring wine from **Cave Ridge Vineyard** and beer from **Bunnymen Brewing**
- Hours are 5-9:30 PM with **last call at 9 PM**
- Food truck(s) and live music starts at 5 PM
- You must be 21 or older to purchase and/or consume alcohol - **Valid photo ID is required**
- For safety, children must be supervised by a parent or guardian at all times during the event.
- Event is subject to changes based on safety, health, weather, mandates, etc.
- Sponsorship opportunities available!
- Contact the Activities Department for more info - [sebastian@burkecentre.org](mailto:sebastian@burkecentre.org).



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### BURKE

#### ANNUAL MARKET UPDATE

2023 vs. 2022

+7% \$642,000 Median Sales Price

-22.4% 429 Homes Sold

-7.7% 12 Days on Market

Data Source: Bright MLS. Calculated on 1/5/2024



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# AROUND BURKE CENTRE



## Friends of Sadie Blood Drive - 80 Units Collected!

Many thanks to the Burke Centre community for once again showing such overwhelming support for the Friends of Sadie Blood Drive, held on February 11, 2024 at the Woods Community Center. The event resulted in the collection of 80 units of blood, and another \$500 being collected from the bake sale to benefit *The Truth 365*.



This annual event started at the beginning of Sadie's pediatric cancer journey 15 years ago. Sadie and her family lived in Burke Centre at the time and as our amazing community rallied to help, an annual blood drive was born! Sadie, and the blood drive, are both still doing great today. Sadie's touching story continues to bring the community together every Valentine's Day weekend to help save lives through the generous gift of blood donation.

According to Mary, one of the Friends of Sadie Blood Drive founding organizers, "The drive was all the more poignant this year when we heard about a young woman at Robinson Secondary School who lost her battle with childhood cancer last week. So after 15 years, we keep on going! It was a wonderful event and we definitely felt the love and support of the Burke community."

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## Friends of the Burke Centre Library News

**March - It's Here! March Spring Book Sale.** Our largest used book sale from the Friends of the Burke Centre Library Spring Book Sale is scheduled for Wednesday, March 20 (Friends Preview from 3-6 PM) through Sunday, March 24. FYI, Sunday is our \$5 bag sale day from 1-3 PM. This is our largest sale with a wide selection of books, DVDs, magazines and other materials for all ages and interest. Sales from this event support 2024 programming, scholarships and events at the Burke Centre library and benefit the entire library system in different ways. We look forward to seeing you there!

**Community Events:** As we kick off the new year, there are lots of great events going on at the Burke Centre Library and other Fairfax County Public Library Branches. Please check out the online events page or stop in the branch to find out more. You can also see a list of events when you visit inside the branch!

**Join the Burke Centre Library Friends:** We are always looking for members to join. Join now to get in early for the Spring sale, membership is just \$5 or get a lifetime membership for \$50. As a reminder, at the book sale you can join at the door. We'd love to have more community members engaged with us as we ring in 2024. Members get advanced access to sales and special emails about our programming. Thanks for your support!



Burke Toastmasters Club

## Clear Communication Can Change Your Life

Has anyone told you to go fly a kite? Flying a kite involves adjusting the strings so that the wind can capture the kite and raise it aloft. The same as giving a speech. You must adjust your speech to your audience.

**We have a group for that.** Burke Toastmasters meets twice a month to help people learn to speak more clearly and organize their thoughts. You can practice and grow in a group of supportive friends. We all joined Toastmasters because we are all working to be better speakers.

You can start by giving a one-minute impromptu response, and build up to giving 5 to 7-minute prepared speeches. Toastmasters has different pathways you can follow at your own speed, from leadership to coaching to presenting a humorous speech. You can pick the one or ones that are right for you.

We would love to have you join us. We will cheer you on in your path to becoming a great presenter. We even have mentors if you want. We are a group of non-threatening friends, all trying to improve our speaking skills. Being able to communicate clearly is a skill that will take you far. You can improve over time, with practice.

The Burke Toastmasters Club meets at the Burke Oaks Community Center, 5708 Leather Drive,

**TOASTMASTERS** continued next page

## Does your Electrical Panel need a Health & Safety Check?

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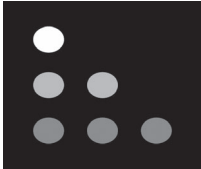
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# What is Enumerate Engage?



**E**numerate Engage is a new operations system that is coming soon to the Conservancy. This system includes a mobile app and website that will become the official communication tool of the Burke Centre Conservancy. It will also allow Conservancy members to access information like never before and perform operational tasks like filling out and submitting an Architectural Review application in real time, gaining improved online payment methods, making reservations for community centers and tennis/pickleball court usage, running individual neighborhood/cluster/group outreach pages, and so much more! Ultimately, the system will provide a dynamic way for us all to share news, events and alerts.

The Conservancy staff thanks you for your patience during this transition period. Extensive help will be available for all members once the system launches. In the meantime, please contact the Conservancy by sending an email to [administration@burkecentre.org](mailto:administration@burkecentre.org) with any questions or comments you may have.

## ECHO Yard Sale Scheduled for April 6



**E**CHO's popular Spring Yard Sale is slated for Saturday, April 6, at St. Bernadette's School Gym, 7602 Old Keene Mill Road, Springfield. Proceeds from the sale benefit ECHO which makes shopping a good deed! It is fun to browse through a whole gymnasium filled with electronics, fashion accessories, holiday decorations, toys, games, home accessories, and more, to search for treasures at bargain prices. Mark your calendar now!

**Food Needs Outstrip Food Donations:** While ECHO is determined to combat hunger in our community, requests for food assistance continue to be at record levels. Recently, ECHO has been distributing about a thousand pounds of food more per month than the amount donated. ECHO must make up the shortfall by purchasing food. Every donation counts. Please donate food if you can. There are food drop-off boxes at the West Springfield and Braddock District Government offices as well as in four Giant Food stores in Springfield. Our most-needed items at this time are dried beans, canned fruits, boxed pasta, spaghetti sauce, shampoo, dish detergent and laundry detergent.

**Hand towels, blue jeans, and pinched toes:** ECHO distributes towels to those we serve by giving sets consisting of a washcloth, hand towel and bath towel, tied together for convenience. The ECHO Housewares Program is out of, or very low on, hand towels and washcloths. We don't require new or matching towels. We just need donations. We'll take care of the rest. Bathmats, shower curtains and all sizes of comforters are on our list of needs, too. Our Clothing Room needs men's winter coats, men's sweatpants in any size and, always, men's jeans in 30- or 32- inch waist sizes. We're

short of boys' sneakers sizes 1 through 4, and girls' sneakers sizes 1 through 6. If you have growing young feet at your house and can share their outgrown shoes, ECHO will be happy to find the little feet that have grown into those sizes and pass them along!

ECHO, 7205 Old Keene Mill Road, Springfield, is open from 9:30 AM to 12:30 PM on weekdays and from 7:00 PM to 9:00 PM on Tuesdays, Wednesdays, and Thursdays.

**Volunteer Positions Open:** ECHO has a few volunteer positions open. If you are looking for a great way to use your time and talent, one of these areas might appeal to you: working directly with clients to determine what they need; administrative support; food distribution; clothing assessment; grant writing; housewares assessment. If you are interested in finding out more, contact [volunteercoordinator@echo-inc.org](mailto:volunteercoordinator@echo-inc.org) by email.

### TOASTMASTERS

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Burke, on the first and third and/or the fifth Thursdays of the month, from 7:30-9 PM. Come early to chat, get to know us, and make friends.

We welcome visitors at all our meetings. Guests have the opportunity to hear some interesting speeches, and even participate in Table Topics, with impromptu 1–2-minute answers to random questions. You can come as a guest as many times as you like. Each time you speak, you will increase your confidence.

Come visit with us on March 7 and 21, 2024 to become more comfortable in your speaking, paving your way to success. Click [www.BurkeToastmasters.org](http://www.BurkeToastmasters.org) for the details of our meetings, and lots of other good info.

If you have any questions, you can contact me, Marsha Woods, at [marjwoods@aol.com](mailto:marjwoods@aol.com). I am the VP Public Relations, and a former longtime Toastmistress. I'd be happy to chat with you.



## Burke Centre's Earth Day Celebrations - April 20th

- Earth Day Litter Clean Ups
- Master Gardener's Plant Clinics\*
- Dumpster Rolloff Weekends\*
- Shredding Dates\*

**P**lease contact Sebastian ([sebastian@burkecentre.org](mailto:sebastian@burkecentre.org)) at the Conservancy office to sign up your cluster for an Earth Day clean up. Free trash bags and assistance with pick up for registered clusters, other groups or individuals. More information regarding plant clinics to come (\*tentative as of this writing) - watch the Burke Centre web site and mobile app for updates.

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## A-B

**Abiding Presence Lutheran Church.** 703-455-7500 | 6304 Lee Chapel Rd. Contemporary: 8:45 AM; Sun School: 9:50 & 10 AM; Traditional: 11 AM; Vespers: 6 PM

**Accotink Unitarian Universalist Church.** 703-503-4579 | 10125 Lakehaven Ct. Services & Children's Spiritual Development: Sunday, 10 AM

**Al-Basheer Islamic Services.** 703-244-8046. Fridays, 7 PM; Sundays, 10 AM; call for location - usually held @ Oaks Community Center (CC)

**All Angels Traditional Anglican Church.** 571-358-4034. Temp. mtg at 5515 Cherokee Ave #303, Springfield. Wed: noon, Thurs: 7 PM, Sun: 7:45 & 9 AM | [www.allangelsacc.org](http://www.allangelsacc.org)

**Antioch Baptist Church.** 703-425-0710 | 6531 Little Ox Rd. Services: Sundays, 8 AM, 9:30 & 11:30 AM

**Burke Community Church.** 703-425-0205 | 9900 Old Keene Mill Rd. | Sunday Worship at 9 AM & 10:45 AM | [burkecommunity.com](http://burkecommunity.com)

**Burke Presbyterian Church.** 703-764-0456 | 5690 Oak Leather Dr. Worship on Sunday mornings at 9:00 and 11:15 AM | [www.burkepreschurch.org](http://www.burkepreschurch.org)

**Burke United Methodist Church.** 703-250-6100 | Burke Lake Rd & Burke Centre Pkwy. Sunday mornings, in-person and livestreamed. | [www.burkeumc.org](http://www.burkeumc.org)

## C-E

**Calvary Hill Baptist Church**. 703-323-1347 | Olley Ln & Rt 236. Sun School: 9:50 AM; Worship: 11 AM

**Calvary Chapel of Alexandria.** 703-780-3228 | 6318 May Blvd., Alexandria. Service: Sunday, 10 AM

**Christ Church.** 703-425-3580 | 7600 Ox Rd., Fairfax Station. Worship Services Sunday: 9:30 AM & 11 AM | [www.christchurchva.org](http://www.christchurchva.org)

**Church of the Good Shepherd [Episcopal].** 703-323-5400 | 9350 Braddock Rd. Worship: Sundays, 8 AM & 10:15 AM, Christian Ed all ages, Sunday 9:15 AM. [www.good-shepherd.net](http://www.good-shepherd.net)

**Church of the Nativity Catholic Church.** 6400 Nativity Ln. Sat. 5 PM Vigil Mass & 7 PM | Mass-Spanish; Sun. 7:30 AM, 9 AM, 11 AM, 12:45 PM & 5:30 PM

**Congregation Adat Revim.** 703-569-7577 | 6500 Westbury Oaks Ct. Wed: Maariv Minyan 7:30 pm; Fri: Shabbat Evening 8 pm; 2nd Fri w/Family & Friends 6:30 pm, Sat: Shabbat 9:30 am; Shabbat Family Jam (4th Sat) 10 AM | [www.adatrevim.org](http://www.adatrevim.org)

**Congregation Olam Tikvah.** Conservative Synagogue, 3800 Glenbrook Rd, Fairfax. 703-425-1880

**Durga Temple.** 703-690-9355 | 8400 Durga Pl, Fairfax Station, VA, 22039. [www.durgatemple.org/](http://www.durgatemple.org/)

**Ekoji Buddhist Temple.** 703-239-0500 | 6500 Lakehaven Ln. Services & Dharma School: Sundays 11 AM | [www.ekoji.org](http://www.ekoji.org)

## F-N

**Fairfax Baptist Temple.** 703-323-8100 | 6401 Missionary Ln, Fairfax Station. Call for worship times.

**Fairfax Presbyterian Church.** 703-273-5300 | 10723 Main St. Sunday Worship, 8:45 AM & 11:15 AM, school-10 AM | [fairfaxpresbv.com/](http://fairfaxpresbv.com/)

**Fellowship Baptist Church.** 703-569-5151 | 5936 Rolling Road. Worship 10:45 AM/ Sunday School 9:30 AM | [www.FellowshipBaptistVA.org](http://www.FellowshipBaptistVA.org)

**First Baptist Church of Springfield.** 703-451-1500 | 7300 Gary Street. Sunday School: 9:15 AM; Worship: 10:30 AM | [www.fbcspringfield.org](http://www.fbcspringfield.org)

**Foundry Christian Church.** 703-455-7041 | 9800 Old Keene Mill Rd. Worship service, 10:30 AM | [www.thefoundrychurch.com](http://www.thefoundrychurch.com)

**Greater Little Zion Baptist Church.** 703-239-9111 | 10185 Zion Drive. Worship 9:45 AM | Sunday School 8:30 AM

**Grace Christian Reformed Church.** 703-323-8033 | 9800 Burke Lake Rd. Sunday worship service at 10:45 AM. Nursery

**Knollwood Community Church.** 703-425-2068 | 10000 Coffey Woods Rd. in Burke. Sunday worship service at 10:30 AM | [www.knoll.org](http://www.knoll.org)

**Little River United Church of Christ.** 703-978-3060 | 8410 Little River Tnpk. Sunday Worship, 10 AM

**Living Savior Lutheran Church.** 703-352-1421 | 5500 Ox Rd., Fairfax Station. Worship: Sundays, 8:30 AM & 11 AM

**Lord of Life Lutheran Church.** 703-323-9500 | 5114 Twinbrook Road. Call the

# PLACES OF WORSHIP

church for worship times.

**New World Unity Church.** 703-690-7925 | Irving Middle School, 8100 Old Keene Mill Rd. Sun. service: 10:30 AM

## O-R

**Parkwood Baptist Church.** 703-978-8160 | 8726 Braddock Road. Sunday Services: 11 am Worship Service | 9:30 am Sunday school for all ages | In-person and livestreamed through [parkwood.org](http://parkwood.org).

**Redeeming Grace Church,** 703-691-0600 | 5200 Ox Rd, Fairfax. Sunday-10 AM, [www.rgcfairfax.org](http://www.rgcfairfax.org)

## S-Z

**The Salvation Army.** 703-385-8700 | 4915 Ox Rd. Sun School 9:45 AM; Worship 11 AM | [salvationarmynca.org/fairfax/](http://salvationarmynca.org/fairfax/)

**Sikh Foundation of VA.** 703-323-5093/8849 | 7250 Ox Rd., Fairfax Station. Services check <http://sfova.org>

**South Run Baptist Church.** 703-455-4521 | 712 Selger Dr. Services: Sunday, 8:30 AM, 11 AM & 6 PM

**Sr Venkateswara Lotus Temple.** 703-815-4850 | 12501 Braddock Rd., Fairfax, VA, 22030. <http://www.svlotustemple.org/>

**St. Andrew's Episcopal Church.** 703-455-2500 | 6509 Sydenstricker Rd. Services: Wed: 9:30 AM, Sat: 6 PM, Sun: 8 AM & 10 AM; Weekend services online & in-person | [www.standrews.net](http://www.standrews.net)

**St. Barnabas' Episcopal Church.** 703-941-2922 | 4801 Ravensworth Rd. Sunday Worship at 8 AM & 10:15 AM

**St. George's United Methodist Church.** 703-385-4550 | [www.stgumc.org](http://www.stgumc.org), 4910 Ox Rd. (Rt 123), Services: Sunday, 10:30 AM. Sunday school 9 AM

**St. John the Theologian Orthodox Mission.** [clergy@stjohnfairfax.org](mailto:clergy@stjohnfairfax.org) 5612 Ox Rd, Fairfax Station, VA. Divine Liturgy Sunday 9:15am (services held at St. Mary of the Sorrows Catholic Church)

**St. Katherine's Greek Orthodox Church.** 703-936-8006 3149 Glen Carlyn Road, Falls Church, VA 22041. Divine Liturgy Sunday 10am

**St. Mark's Lutheran Church.** 703-451-4331 | 5800 Backlick Rd. Sun: 8:30 & 10 AM; Spanish service: 12 PM

**St. Mary of Sorrows Catholic Church.** 703-978-4141 | 10500 Zion Drive | Sat: 5 PM, Mass Sun: 7:30 AM, 9:30 AM, 11:30 AM, 5 PM

**St. Peter's in the Woods Episcopal Church.** 703-503-9210 | Off Route 123 next to Burke Fire Station. Sun: 8 AM (Traditional-no music), 10 AM Rite II Blended Choral Eucharist.

**St. Stephens United Methodist Church.** 703-978-8724 | [ststephensfairfax.org](http://ststephensfairfax.org) | 9203 Braddock Rd. Sunday Services at 9:00 AM & 11:00 AM

**Temple Beth Torah.** 703-263-2252 | Call for location. Services: Friday, 7:30 PM; Saturday, 9:30 AM & 10:30 AM

**Temple B'nai Shalom.** For service information contact Lynn at 703-764-2901 | 7612 Old Ox Rd., Fairfax Station.

**Westwood Baptist Church.** 703-451-5120 | 8200 Old Keene Mill Rd. Sun Service, 11 AM (Nursery)

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## GENERAL SERVICES

**BROMWELL'S THE FIREPLACE PEOPLE:** Bromwell's the Fireplace People, a family-owned business since 1873, is located in Falls Church, VA. Our staff is experienced in all phases of fireplace consultation, design, and installation. Call us at (703) 207-9800 or visit our website...[bromwellsthefireplacepeople.com](http://bromwellsthefireplacepeople.com). 6/24

**JOSH'S DOG WALKING AND PET SITTING SERVICES:** Are you going to be out of town and need a pet sitter? If so, Josh is the right person for you. Whether you have a dog, cat, or any other kind of pet, Josh can provide daily walks, feeding, play time, and/or anything else your pet may need. Rates are \$15 for 30 minutes, \$25 for 60 minutes, and \$45 for overnight stays. Contact (703) 969-8667 or [kaminskijoshua6@gmail.com](mailto:kaminskijoshua6@gmail.com) to set up a first meeting. 12/24

**PROPERTY MANAGEMENT/REAL ESTATE:** Residential Preferred Properties and Richter Management are a locally owned-family real estate company specializing in rental property management and real estate sales. With over 40 years of experience, we welcome new clients to our portfolio. Conveniently located at 5631 Suite I, Burke Centre Pkwy. Questions? Call us at 703-239-1234 or e-mail [pat.richter@richter1.com](mailto:pat.richter@richter1.com). We'd love to hear from you. 6/24

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\$90 & Townhouses \$60. Call for free estimate! #571-426-3663 or #703-716-0377; [tggutters@yahoo.com](mailto:tggutters@yahoo.com) | [www.gagnonsgutterworks.com](http://www.gagnonsgutterworks.com) 8/24

**GUTTER CLEANING & PRESSURE WASHING:** Gutters: Single Family \$95. Townhouses \$60. Pressure Washing: Single Family \$225; Townhouses \$175. Call (703) 451-6496. **TIP TOP CLEANING.** 3/24

**MR. GUTTER:** Gutters cleaned, and down spouts purged. Houses: \$150; Townhouses: \$75. Other services available: Exterior painting, Roof & Gutter repairs & power washing. Licensed & Insured. Call (703) 323-4671. 6/24

## HOME IMPROVEMENT

**CONCORD HOME IMPROVEMENT:** Remodeling house, painting, installing ceramic tiles, installing stone/tiles into walls, plumbing, electrical, fence, deck, assembling and installation of furniture, power wash. All kinds of carpentry work. No job too small. Quality work. Free estimates. Contact: (240) 797-3979. 6/24

**MARIO'S HOME IMPROVEMENT:** Remodeling Baths/ Kitchens, Ceramic Tile, Recessed lights. Electrical, Plumbing, Carpentry. Interior Paint. Drywall and Plaster repairs. Remodeling Basement. Free Estimates. References available. Licensed class A. Over 18 years experience. (703) 501-7506 - Mario Zambrana. [www.mzambrana60@yahoo.com](mailto:mzambrana60@yahoo.com) 4/24

## INSTRUCTION - GEN'L

**TUTORING IN FAIRFAX (K to 12):** We build educational foundations in a private, premier, hands-on setting. We offer online and in-person sessions! Open all week including Saturdays and Sundays. Our experienced tutors offer Math, English, Homework Help, Geometry, Algebra, Calculus, Writing, TEST PREP, IAAT, SOL, SAT/ACT, After School Programs, Academic Enrichment, Summer Tutoring, and more! **See Our Parent Reviews Online!** Call or text our office at (703) 337-2065 or email: [LearnMore@tutoringinfairfax.com](mailto:LearnMore@tutoringinfairfax.com), Web: [TutoringinFairfax.com](http://TutoringinFairfax.com). 7/24

## LANDSCAPING & MASONRY

**CRAIG'S LAWN CARE (est. 1985):** Residential lawn and landscaping services at reasonable rates. Weekly or bi-weekly mowing service available - senior citizen discounts. Other services include mulching, spring cleanup, trimming shrubs, gutter cleaning. Licensed and insured. Regular mowing starting at \$30. 4/24

## PAINTING SERVICES

**AC PAINTING PLUS:** Interior/Exterior. Family-owned, located in Burke, VA. Offering Painting, drywall repair, power washing, laminated flooring and more. Reasonable rates. Please contact: AC (703) 887-9706 or email [adhecam@gmail.com](mailto:adhecam@gmail.com). FREE ESTIMATE - Excellent References. 5/24

**EMPIRE PRO PAINTERS, LLC.:** Located in Burke. Customers' satisfaction is our first priority with reasonable prices and high quality work. Offering: interior/exterior

painting services, drywall/plaster repair, wallpaper removal. Over 14 years experience. Call Alex for FREE estimates at (571) 245-7040. [Contact@empirepropainters.com](mailto:Contact@empirepropainters.com). 4/24

**G & F PAINTING:** Family owned business. Burke Centre resident. Quality & professional work with over 30 years' experience. Interior & Exterior Painting, wallpaper removal, plastering, drywall repair. Minor rotten wood replacement. Licensed. For a FREE ESTIMATE, call us at (703) 239-1710 or (703) 409-5194 | [Paintingggf@gmail.com](mailto:Paintingggf@gmail.com). 4/24

**PAINTING & DRYWALL REPAIRS:** Drywall and painting. Licensed/Insured. Over 30 years experience. References available. Free estimates. Call Robert Giampapa, Burke resident. (703) 403-8881(cell) | (703) 250-8205 (home) | [rgcustom1@verizon.net](mailto:rgcustom1@verizon.net) 4/24

## PLUMBING SERVICES

**A. HEATWOLE PLUMBING SERVICE CO:** 42 years experience in Burke Centre! Complete plumbing repairs; no travel charges; Emergency Service; Master Plumber on each job. Mention this ad and receive \$12 off every service call! (703) 830-4242. 9/25

**DAWSON'S PLUMBING:** All types of repairs. Repair or replace all types of faucets, toilets, water heaters, garbage disposals, remodeling, and electric drain cleaning. Licensed gas contractor. \$10 OFF First service call. Call Warren Dawson, (703) 354-9358. Licensed & Insured. Master Plumber & Gas Fitter. 2/25

**GREENWAY PLUMBING & HEATING:** Veteran & Resident of Burke. Operating here for over 40 years. All Plumbing, Sewer & Water Repairs & Replacement, Remodeling, Water Heaters, Toilets, Faucets, Electric, Sewer, & Drain Cleaning. 10% Off Military & 1st Responder Discounts! Text a picture of problem or call same number for a free quote. Licensed & Insured. Old Style Pricing. 703-402-4880 | [JohnBGreenway@gmail.com](mailto:JohnBGreenway@gmail.com). 6/24

## SPECIAL EVENTS



**BURKE HISTORICAL SOCIETY PRESENTS:** March 24, 2024 - 3 PM - Pohick Regional Library: The Burke Historical Society will venture beyond strict historical fact. Our

guest will be Joyana Peters, local author of the historical novels *The Girl from Saint Petersburg* and *The Girl in the Triangle*. She'll discuss the genuine events and settings on which her works are based, her techniques for historical research, and her personal approach for inspiration and writing.



# CONSERVANCY CLASSES

## BARRE UNBOUND: BARRE STRENGTH

The Barre Unbound Method is a low impact total body workout that combines strength training with traditional ballet barre movements. Through fun transitions and upbeat music, you'll challenge yourself and gain a stronger awareness of your body. Each class is designed to push you harder, build you up, and show you how limitless, and ever growing your inner and outer strength truly are. There are no barriers to what you can achieve with strong will and drive. Remember, you are capable of great things!

- No experience required. Come as you are and be ready to challenge your body and mind!
- No equipment is needed for class, but you are welcome to bring any bands or weights to intensify the movement.
- Grip socks or supportive sneakers are recommended.

To register please contact instructor, Briana Milton, email: [barreunbound@gmail.com](mailto:barreunbound@gmail.com) or call/text at: (301) 520-8682. Feel free to also visit the Barre Unbound site at: [www.barreunbound.com](http://www.barreunbound.com). **WHEN:** Tuesday/Thursday **LOCATION:** Commons CC **TIME:** 5:30-6:30 PM **FEE:** \$15

## KARATE: OKINAWAN ISSHIN'-RYU

Fitness, Confidence, Self-Defense! Join us! This program welcomes anyone ages 14 and up. Okinawan Isshinryu Karate, taught by the Northern Virginia Isshinryu Karate and Kobudo Club. Friday nights at the Ponds Community Center. Training includes cardiovascular conditioning and flexibility exercises, self-defense skills, traditional forms known as Kata, and controlled sparring. No experience necessary. Character development, respect and self-control are promoted during training to help students cope with daily stress and life challenges. The instructors are internationally certified Black belts in Isshinryu Karate and Kobudo. Instructors for this class include Sensei Jim Miller, Yudansha, Master-Level Instructor, Sensei Arnold Selnick, Yudansha, Sensei Linda Keefer, Yudansha and Sensei Carl Denny, Yudansha. Stop by any class, or Google "Northern Virginia Isshinryu Karate Club" for more information! **TIMES:** 7:30-9:30 PM **LOCATION:** Fridays @ Ponds CC **REGISTER:** Contact Mr. Miller at (703) 966-7609; [nova.issheinryu@gmail.com](mailto:nova.issheinryu@gmail.com) **FEE:** \$30 tuition (18 weeks) + \$30 Annual AAU membership fee

## RESTART®

Need to get your diet back on track? Seeing the results of too much sugar? Maybe you want to feel better? Give RESTART® a try! The 5-week RESTART® Program focuses on how to use REAL FOOD to cut sugar, get rid of cravings, and boost your energy. Join one of the RESTART classes and discover how good you can feel! Two separate classes will be offered - a daytime class from 12-1:15 PM at the Commons CC, and an evening class starting at 7 PM (Landings CC). Cost is \$249 and comes with a free cookbook. Spaces limited to 10 participants. To sign up contact instructor, Mary Ellen Myers, email: [maryellen@fruitfulchoices.com](mailto:maryellen@fruitfulchoices.com) or call/text: (703) 587-8028. **WHEN:** Ask the Instructor **TIMES:** 12-1:15 PM (Commons CC) & 7 PM (Landings CC) **FEE:** \$249

## "THE ART OF ZEN": Stress Management Course

Relieve Stress and Anxiety, Balance Energy and Mood, Improve Sleep and Digestion with a new series of workshops where you will learn how your Nervous System works and how you can regulate it to stay balanced and stable. Each workshop will be filled with hands-on techniques and tools for daily use in real life. All practices are safe, easy, practical and backed with science. You will learn breathing exercises, how to release muscle tension caused by daily stress, how to incorporate nutrition specific for your brain health, how to use the power of a present moment and mindfulness in daily life, and much more. Each workshop is held at the Commons Community Center on Fridays, 11 AM-noon on the 1st and 3rd Friday of the month, and 6 PM-7 PM on the 2nd and 4th Friday of the month, except for holidays. Price: \$35 per workshop. To join, fill out a registration form on [mariaspark.com](http://mariaspark.com). If you have any questions, contact the instructor Maria Spark, RN and Integrative Nutrition Health Coach by email: [mariasparkful.com](mailto:mariasparkful.com) or by phone: (703) 239-3969. **WHEN:** Fridays **LOCATION:** Commons CC **TIMES:** 11 AM-12 PM (1st & 3rd Fri), 6-7 PM (2nd & 4th Fri) **FEE:** \$35 per workshop

## WELLNESS: SOUND BATH, MEDITATION & RESTORATIVE YOGA

We heal in community! We are all made of energy! Please join us in a powerfully restorative and deeply peaceful experience blending gentle mat-based or chair-based yoga, breath work, guided meditation and sound healing to balance your energy. Benefits include ease of chronic pain, better sleep, more focus, less irritability, clearer sinuses, and more. Each month, Molly Field RYT-200+, will offer a meditation + a 45-minute sound bath in which participants are "washed" in sounds and vibrations emanating from crystal singing bowls, drums, tuning forks, Tibetan bowl gongs, and various other vibrational sound instruments to balance collective energy and clear chakras. You are STRONGLY encouraged to bring a blanket, a thick yoga mat, bolster or other comfortable gear to help you rest. The cost per person is \$23 in advance via Venmo @molly-field-4; \$24.50 via PayPal, or \$30 cash only at the door. Contact Molly Field via email at [molly@themuddylotusyoga.com](mailto:molly@themuddylotusyoga.com) for more information and payment options. Each event is held at The Landings Community Center (CC). The time for each event is 4:30-6:00 PM, but arrive early to ensure entry. You will receive an email before the event with important information.

### HELPFUL CONTACTS

<b>*TRASH* PATRIOT Disposal Services</b>	<b>703-257-7100</b>
<b>Trash/Recycling Complaints</b>	703-978-2928
<b>Burke VFW - Tom Troy</b>	703-250-0071
<b>Dominion Towing</b>	703-339-2400
<b>Dominion VA Power</b> (malfunctioning street lights)	866-366-4357
<b>Fairfax County Animal Control</b>	703-830-1100
<b>County Bd of Supervisors Braddock District:</b> <a href="mailto:braddock@fairfaxcounty.gov">braddock@fairfaxcounty.gov</a>	
<b>Fairfax Cnty Non-Emergency #</b>	<b>703-691-2131</b> (To report CPD Parking violations, noise complaints, Towing assistance w/towed cars)
<b>Fairfax County Water Authority</b>	703-289-6000
<b>Miss Utility</b> (call before digging)	800-552-7001
<b>Neighborhood Watch Set-Up</b>	703-644-5026
<b>Poison Control</b>	202-625-3333
<b>VDOT</b> (street light replace-state)	800-367-7623
<b>VDOT</b> (Roadway dead animal p/u & snow plowing)	703-383-8368
<b>Washington Gas</b>	703-750-1000
<b>Wildlife Hotline</b> (injured/orphaned wildlife)	703-440-0800

### COMMITTEES & TASK FORCES

**BUDGET & FINANCE COMMITTEE (BFC)** - Alan Trask, Chair, 703-978-2928  
**BUSINESS LIAISON COMMITTEE (BLC)** - Jeannie Winslow, Staff Liaison, [jeannie@burkecentre.org](mailto:jeannie@burkecentre.org) - **INACTIVE**  
**ELECTION COMM** - Mike Gropman, Chair, 703-978-2928  
**OPEN SPACE COMM** - Mike Holmes, Chair, 571-888-1537  
**STRATEGIC PLANNING COMMITTEE** - Patrick Gloyd, Staff Liaison, [patrick@burkecentre.org](mailto:patrick@burkecentre.org)  
**TRAFFIC & PEDESTRIAN SAFETY COMMITTEE (RTAP)**  
Michael Holmes, Chair, 571-888-1537  
**WELCOME COMMITTEE** - Jeannie Winslow, Staff Liaison, [jeannie@burkecentre.org](mailto:jeannie@burkecentre.org)  
**WILDLIFE COMM** - Brandi Sangunett, [bsangunett@yahoo.com](mailto:bsangunett@yahoo.com)

### BURKE CENTRE CHARTER GROUPS

**BURKE 55'ers** - Patty Allsbrook, 703-286-3825

**BURKE CARES** - [burkecarespresident@gmail.com](mailto:burkecarespresident@gmail.com)  
**GARDEN PLOT ASSN** - [burkegardenassociation@gmail.com](mailto:burkegardenassociation@gmail.com)  
**BC SWIM CLUB** - [burkecentreswim@gmail.com](mailto:burkecentreswim@gmail.com)  
**BURKE PICKLEBALL ASSN (BCPA)** - Jon Weber, President, [burkepickleball@gmail.com](mailto:burkepickleball@gmail.com)  
**BURKE TOASTMASTERS** - Clint Conerly, [clintconerly@cox.net](mailto:clintconerly@cox.net)  
**FRIENDS OF BURKE CENTRE LIBRARY** - Pat Riedinger, 703-830-3705 & BC Library, 703-249-1520  
**QUILTS OF VALOR FOUNDATION** - Madonna Ratabin, [Madonna.rabatin@govf.org](mailto:Madonna.rabatin@govf.org)

### SCOUT CONTACTS/TROOPS

**BSA TROOP #1345** (Chartered w/BCC): Justin Day 540-308-1626 (General) | Joe Fairchild 703-409-4287 (Boy Troop) | Kate Mat-tice 703-624-8706 (Girls Trp) | M.J. Uribe 703-814-2430 (Crew 1345) | Luke Haravitch 910-391-8964 (Cub Pack)  
**TERRA CENTRE GIRL SCOUTS** - Becce Gnage , 919-607-1664  
**FAIRVIEW GIRL SCOUTS** - Shelley Smith, 703-888-7599

**MARCH 2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<div>Burke Centre Scout Troop 1345's <b>Mulch Madness Super Sale NOW thru 3/29!</b> Mulch will be delivered to driveways April 4-6! Details inside... <a href="mailto:T1345mulch@gmail.com">Email T1345mulch@gmail.com!</a></div>			1	2
3	4 <b>BURKE 55'ers</b> 9:30 AM, <b>PONDS CC</b>	5 <b>BOARD WORKING SESSION</b> , 7:30 PM via Zoom <b>ARB Application Deadline @5 PM</b> for 3/19 & 3/21 ARB Mtg	6	7 <b>BURKE TOASTMASTERS</b> 7:30 PM, Oaks CC	8	9
10	11	12	13	14	15	16
<div>FOR EMERGENCIES ONLY How to Reach Conservancy After Hours: 1-866-878-2430   <a href="http://www.burkecentre.com">www.burkecentre.com</a></div>						
17 	18 <b>ANNUAL MTG &amp; MARCH BOARD MTG</b> 7:30 PM via Zoom <i>Special Guest: Supervisor Walkinshaw!</i>  <b>BURKE 55'ers</b> 9:30 AM, Commons CC	19 <b>ARB ROUTINE ITEMS MTG</b> , 7 PM, Zoom	20 <b>BURKE VFW Post 5412</b> 7:30 PM, Ponds CC  <b>FRIENDS OF BC LIBRARY SPRING BOOK SALE: 3/20-3/24</b> (see inside for details)	21 <b>ARB MEETING</b> 7 PM, via Zoom  <b>BCC TOASTMASTERS</b> 7:30 PM, Oaks CC	22	23 <b>ANNUAL EGG HUNT</b> 2 PM  Conservancy Office Grounds (age 2-2nd grade)
24 <b>BURKE HISTORICAL SOCIETY MEETING</b> , 3 PM Pohick Library - local author <i>Joyanna Peters</i> will discuss genuine events and settings on which her works are based, techniques for historical research & inspiration and writing.	25 <b>OPEN SPACE COMMITTEE MTG</b> 7:30 PM at Ponds CC <b>BC GARDEN PLOT ASSN</b> 8 PM, virtual - get link: <a href="mailto:burkegardenassociation@gmail.com">burkegardenassociation@gmail.com</a>	26	27 <b>CONSERVANCY VOLUNTEER OPS ONLINE Q &amp; A</b> 7:30-8:30 PM, via Zoom (registration)	28 <b>OAKS VIRTUAL NEIGHBORHOOD COUNCIL</b> 7:30 PM via Zoom (Email: <a href="mailto:oakstrustee@burkecentre.org">oakstrustee@burkecentre.org</a> for link)	29 <b>Vietnam War Commemoration Day</b>  <b>TROOP 1345 MULCH MADNESS SALE- LAST DAY!</b>	30
APRIL 2024						
31	1 <b>BURKE 55'ers</b> 9:30 AM, Commons CC	2 <b>ARB Application Deadline @5 PM</b> for 4/16 & 4/18 ARB Mtg  <b>BOARD WORKING SESSION</b> , 7:30 PM via Zoom	3	4 <b>BURKE TOASTMASTERS</b> 7:30 PM, Oaks CC	5	6
7	8	9	10	11	12 	13 <b>Free DOCUMENT SHREDDING FOR BCC RESIDENTS ONLY</b> 9 AM-Noon on the BCC Grounds <b>LIMIT: UP TO 5 BOXES</b>
14	15 <b>BURKE 55'ers</b> 9:30 AM, Commons CC  <b>BOARD MEETING</b> 7:30 PM via Zoom	16 <b>ARB ROUTINE ITEMS MTG</b> , 7 PM, Zoom (link request: <a href="mailto:nick@burkecentre.org">nick@burkecentre.org</a> )	17 <b>BURKE VFW Post 5412</b> 7:30 PM, Ponds CC	18 <b>BURKE TOASTMASTERS</b> 7:30 PM, Oaks CC  <b>ARB MEETING</b> 7 PM, via Zoom (link request: <a href="mailto:nick@burkecentre.org">nick@burkecentre.org</a> )	19	20 <b>EARTH DAY Activities</b> , 9 AM-Noon, Conservancy grounds. <i>See inside for details on litter cleanups!</i>
21	22	23	24	25	26 <b>SPRING WINE GARDEN</b> (tent) 5-9:30 pm, BCC Grounds Details inside!	27 <b>SPRING WINE GARDEN RAIN DATE</b> - 5-9:30 pm, BCC Grounds Details inside!
<div>WE LOVE YOUR PHOTO SUBMISSIONS! For use in: The Conservator, BC BUZZ, web site, social media, etc. Send to: <a href="mailto:daniel@burkecentre.org">daniel@burkecentre.org</a> and/or <a href="mailto:jeannie@burkecentre.org">jeannie@burkecentre.org</a>.</div>						